

Le calendrier magique de l'écriture



Pioche une carte et réalise ce qui est demandé sur le dessin en t'appliquant.

Retrouve les exercices de la main à la fin.

PlumApprentisSages - Amiens



LUNDI

MARDI

JEUDI

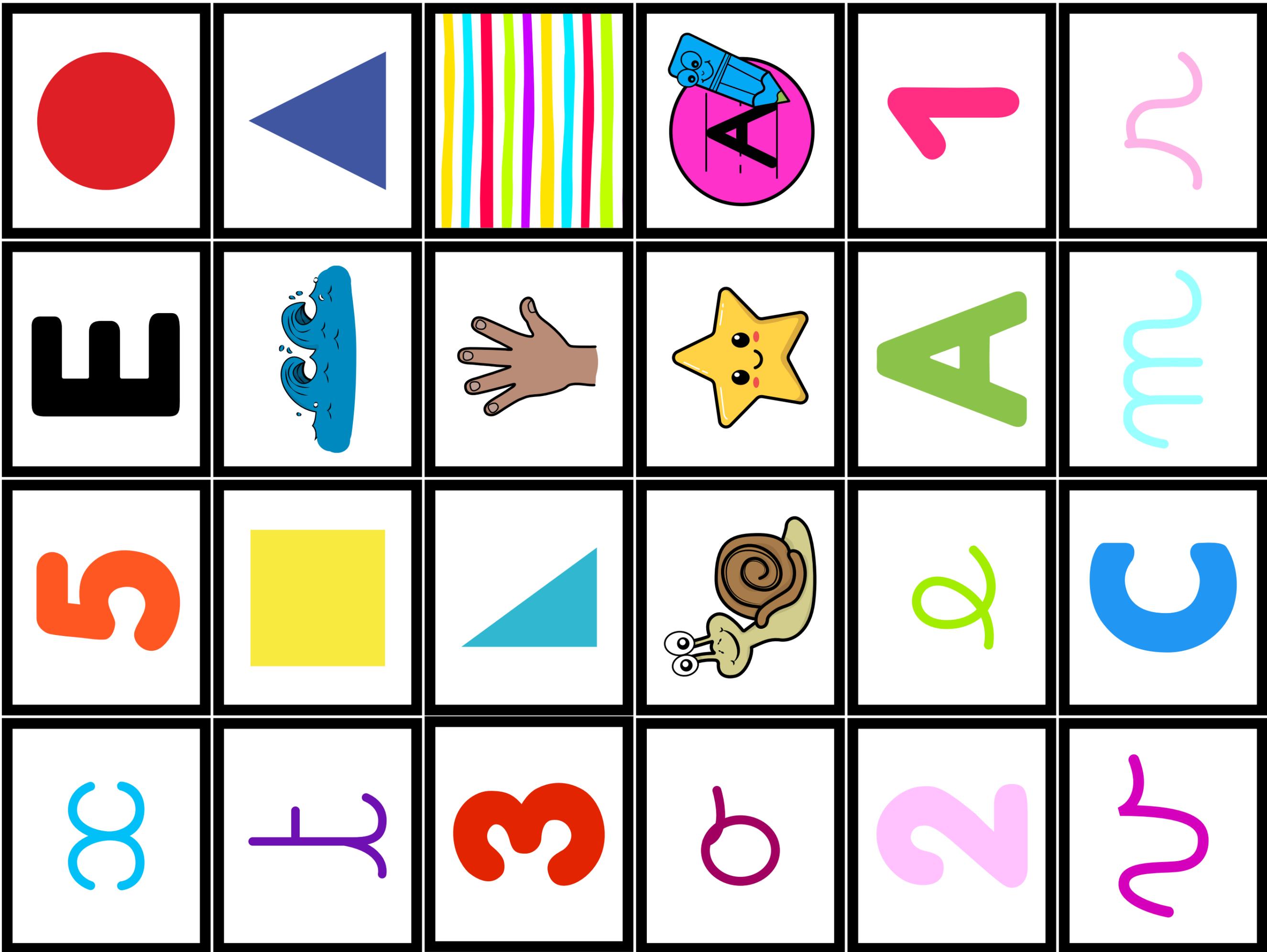
VENDREDI

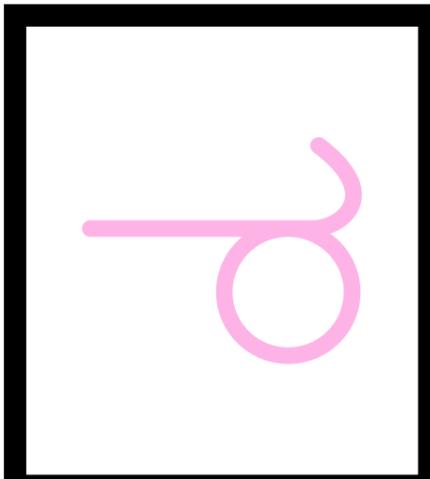
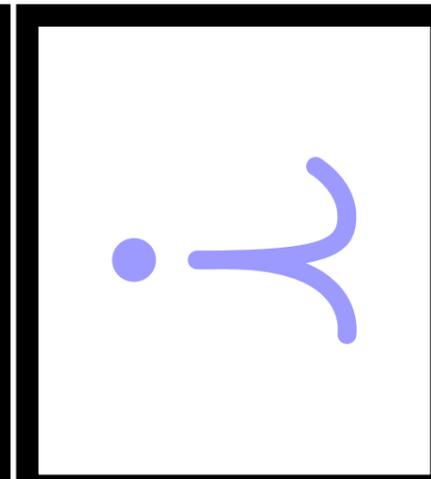
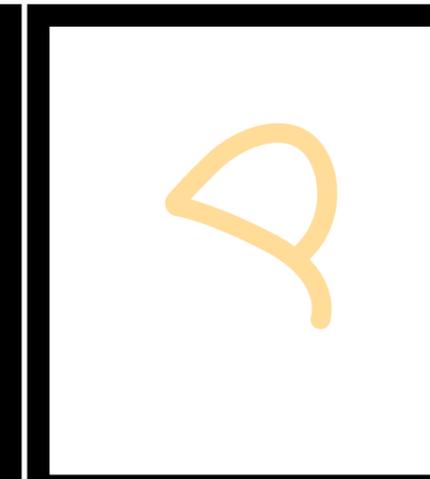
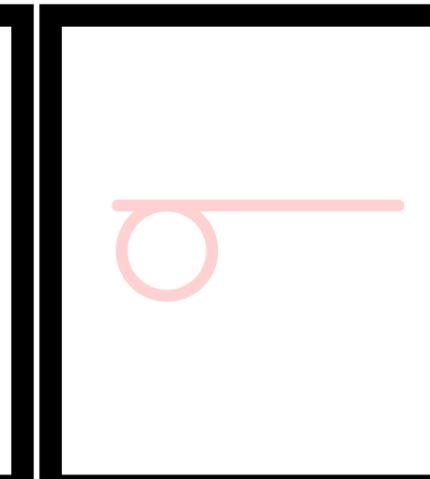
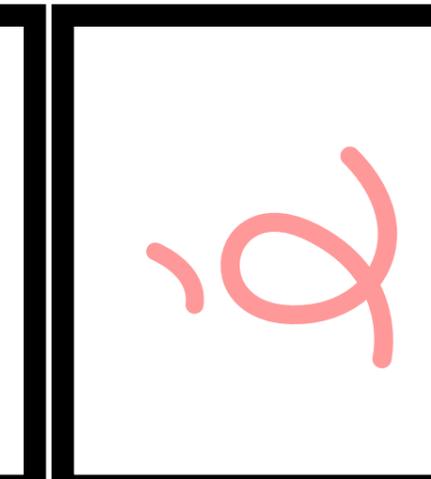
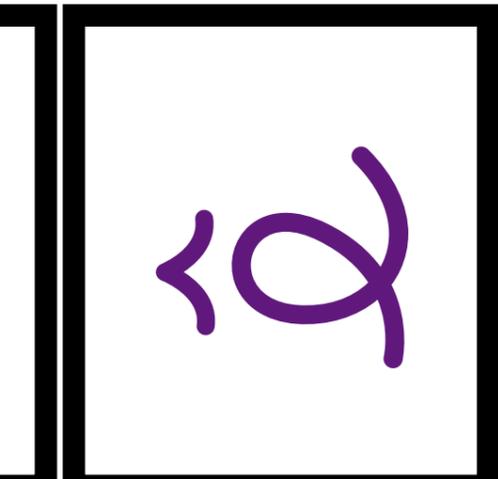
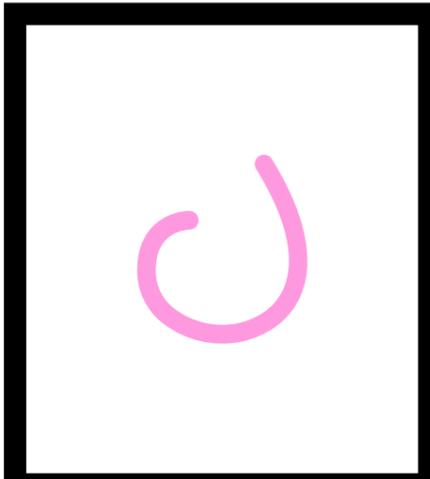
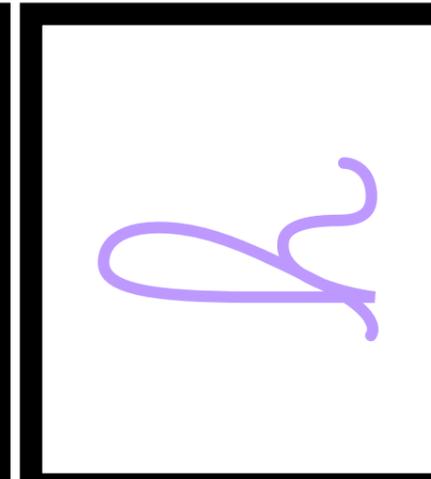
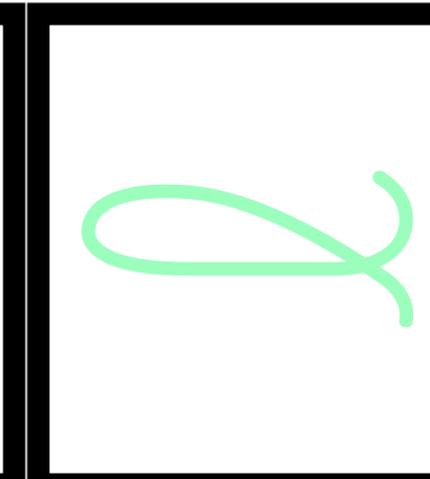
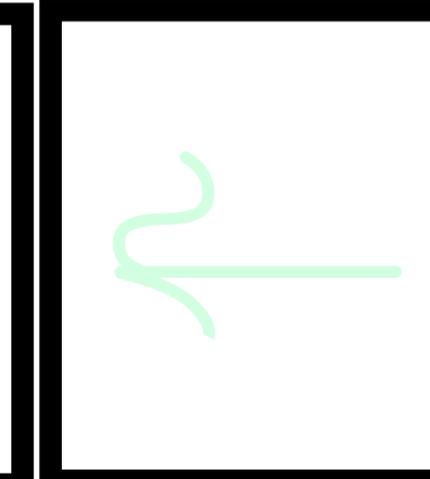
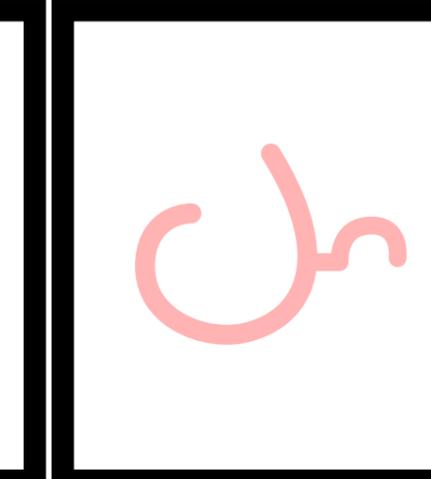
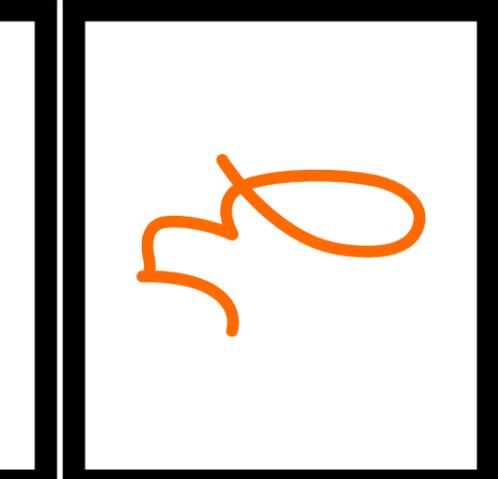
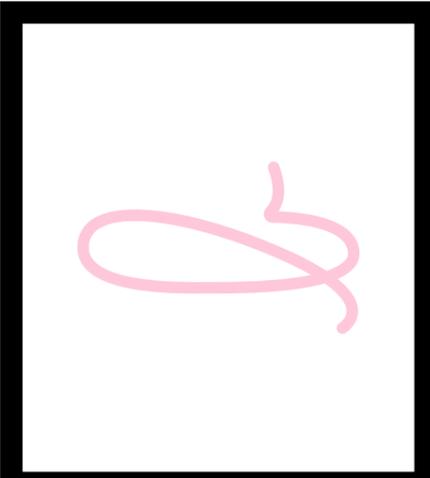
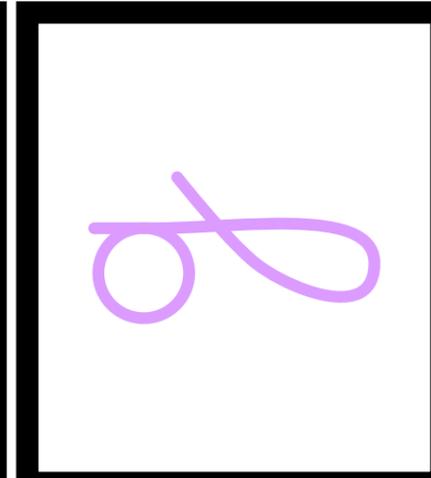
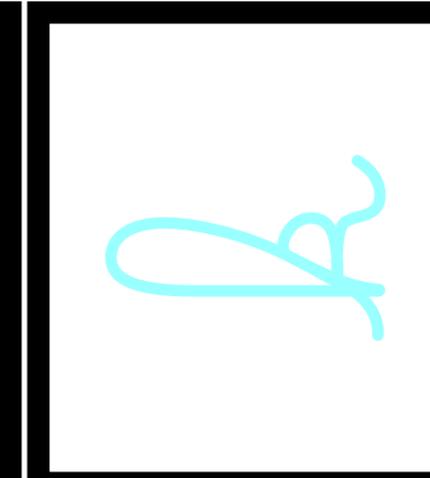
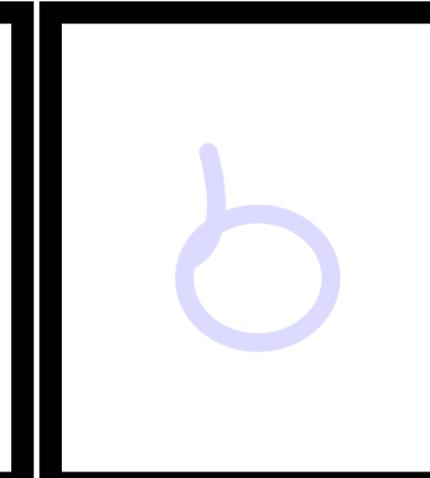
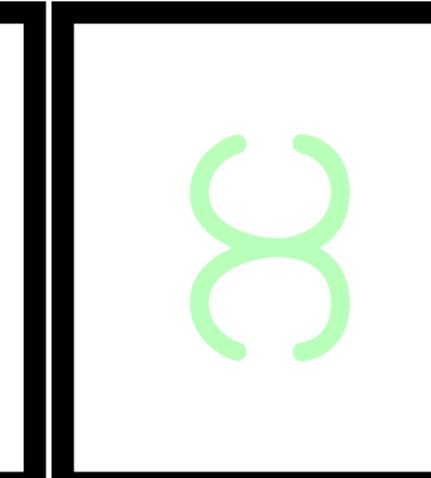
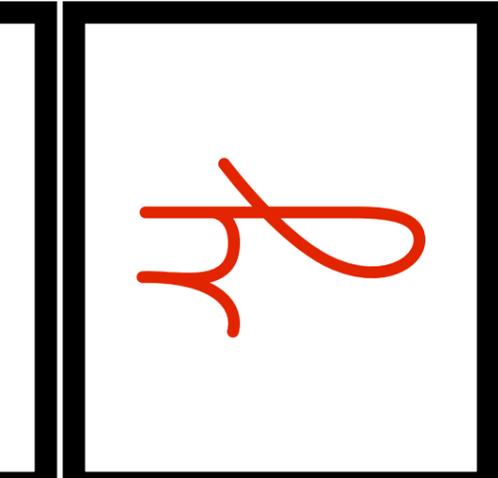
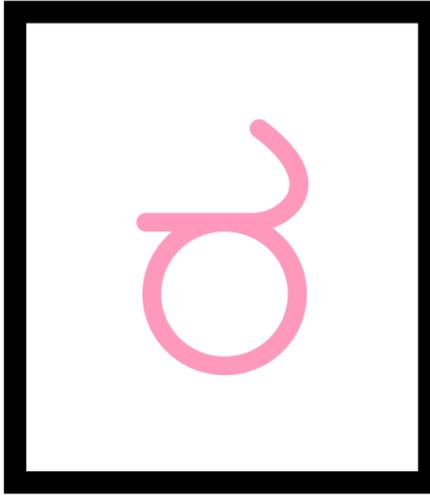
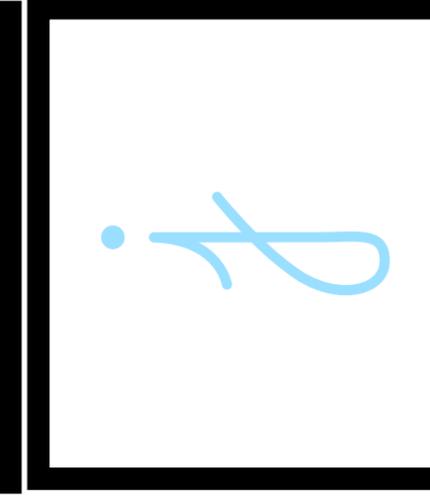
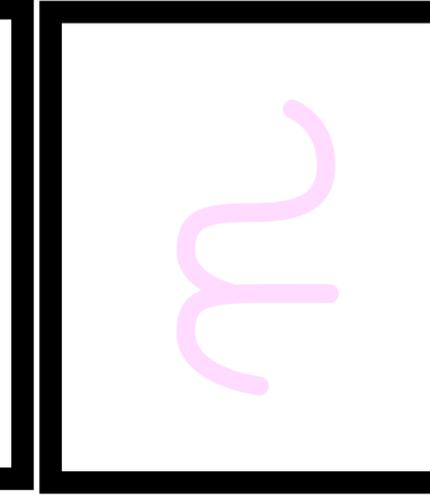
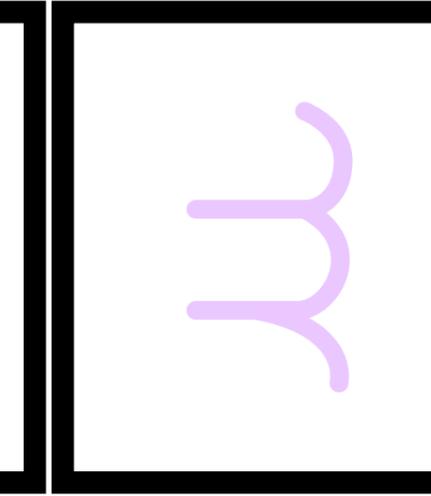
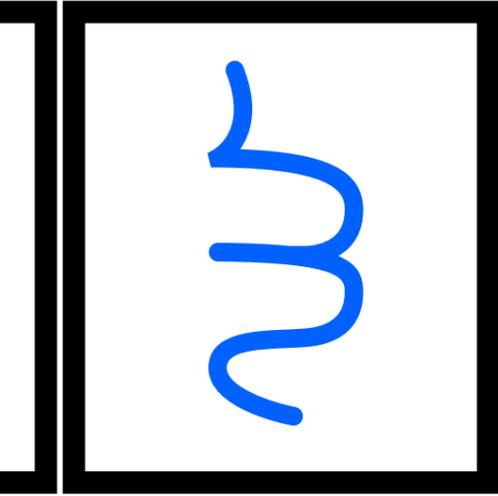
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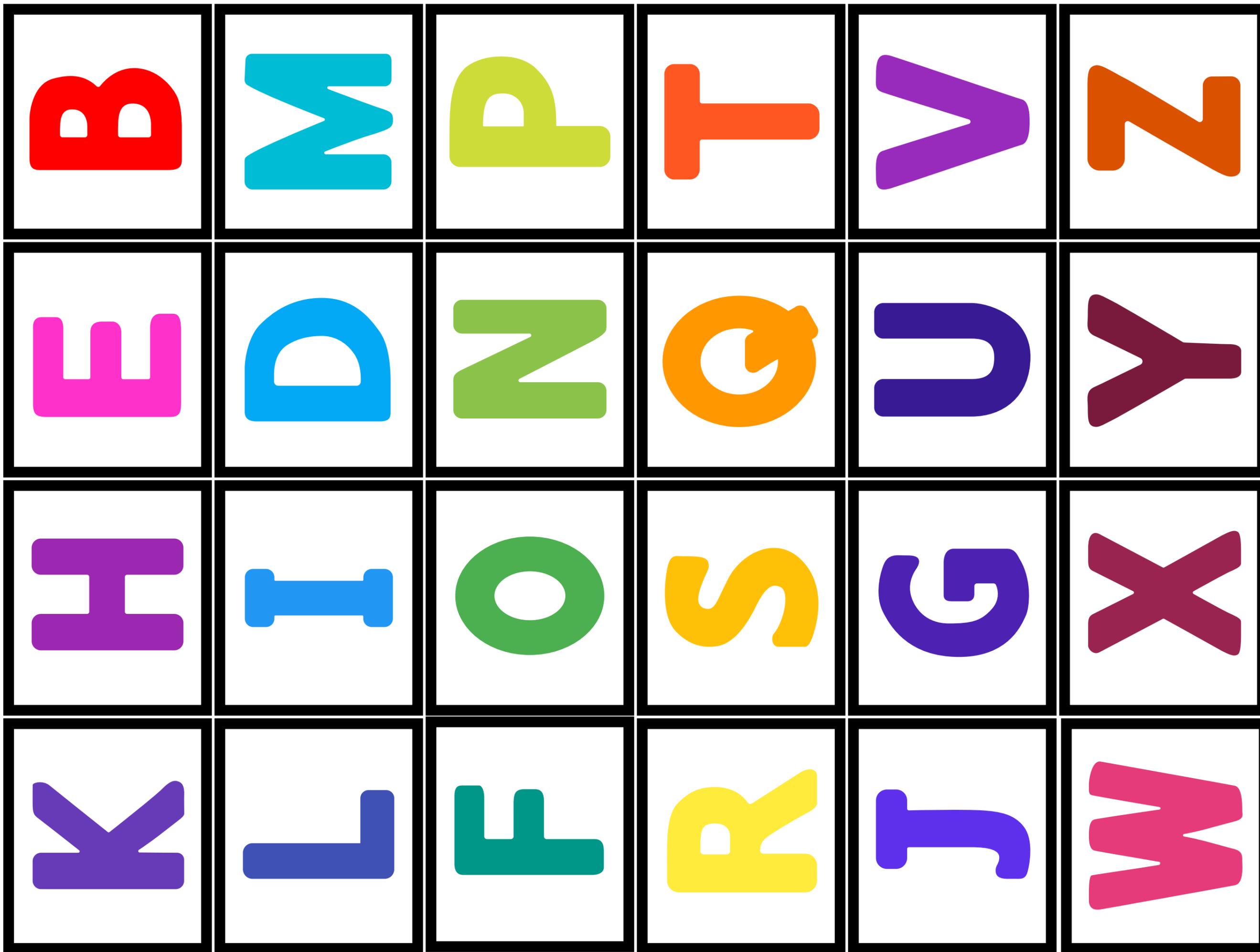
Semaine n°

Semaine n°

Semaine n°





Les exercices pour le symbole de la main

Faites choisir un numéro à la classe et réaliser l'exercice

1. **L'Acrobate du Pouce : Toucher chaque doigt avec le pouce.**
2. **La Marche des Doigts : Faire "marcher" les doigts sur la table.**
3. **Le Jongleur de Billes : Rouler une petite bille entre les doigts.**
4. **Les Ciseaux Magiques : Ouvrir et fermer deux doigts comme des ciseaux.**
5. **La Pince Puissante : Pincer et relâcher une éponge.**
6. **Le Pianiste Virtuose : Tapoter les doigts sur la table comme sur un piano.**
7. **L'Araignée Acrobate : Faire bouger les doigts comme les pattes d'une araignée.**
8. **Le Serpent Ondulant : Faire onduler l'index comme un serpent.**
9. **Les Papillons Volants : Battre les mains comme des ailes de papillon.**
10. **La Fleur qui S'ouvre : Ouvrir et fermer la main lentement.**